Broadway Junior School

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2nd June 2025

Broadwaz

Dear Parent or Carer

Bikeability Programme – 7th to 10th July 2025

Bikeability training is about to be conducted at your child's school. It is designed to develop road sense, awareness of traffic dangers, and to improve your child's ability to ride safely. Your child must be able to ride a bicycle to participate in the course.

WHAT IS BIKEABILITY? Bikeability is the national cycle training programme supported and funded by the Department for Transport. The course builds the skills and confidence of children who can already ride. Bikeability can not only make children better cyclists - potentially for the rest of their lives - but can help with general confidence and independent thinking. All of our Bikeability training is delivered by qualified, professional, DBS checked National Standard Instructors. Visit www.bikeability.org.uk for more information

The **Bikeability Level 1** course helps children get more skilled and confident in riding their bikes in the playground and get them ready for cycling on the road. Riders must be able to ride a bike - pedal and freewheel- to participate in this level.

The **Bikeability Level 2** course aims to improve riders' skills and confidence for cycling on smaller roads and simple junctions without too much traffic. It prepares riders for cycling on larger and busier roads and more complicated junctions. All the riders will have to show the instructors they can do everything at Bikeability Level 1 before they can go on the roads.

Your child will need a bicycle in a roadworthy condition in order to participate in the course, and it would be helpful if you would check the bicycle, or take it to a cycle shop to be checked, to ensure it is safe to use. The bicycle will be checked at the start of the course by the instructor and if he/she considers the bicycle is not roadworthy your child will be unable to commence the course. In these circumstances you would be expected to collect the bicycle from your child's school.

FURTHER INFORMATION FOR PARENTS

Part of the training will take place on the public highway, and at the end your child will be awarded a Badge and Certificate provided they reach the minimum competency level. The Certificate will indicate that the basics of safe cycling have been learned. It does not mean that your child can cope safely with riding in traffic. Please do not allow your child to ride on the road until you are sure he/she is capable of doing so.

HOW TO BOOK Bikeability places are limited and places will be booked on a first come basis. Please register your child's participation at https://consent.bikeability.org.uk/peg-sun-tell

You are advised to provide a cycle helmet that meets one of the safety standards. The wearing of a cycle helmet is mandatory for the duration of the cycle training. A high visibility garment will























be provided for each trainee which they will keep for the during of the week and worn all times while carrying out the training.

Only the basics of safe cycling can be learnt on this type of course, and it is very important that you continue to provide road safety help and guidance to your child after the course.

Your child's school has a copy of the course outline, and the Councils' Code of Good Practice should you wish to inspect them.

Yours sincerely

The Bikeability Team Sunderland City Council