

Anti- Bullying Week 2025!

Being powerful doesn't mean being loud or forceful. It means having the courage to do what's right, even when it's hard. It means including others, standing up when someone is being hurt, and creating a community where everyone feels safe and valued. Power for Good starts with one person. It starts with you. When we lift each other up instead of tearing each other down, we create a world where respect and empathy wins and bullying behaviour loses. Let's use our power — every day, in every way — for good.

Your challenge: Complete this table (by drawing or writing) one **good** thing you have done each day for four weeks. Can you do something different each day? This could be helping someone, sharing, being a good friend to someone new-anything 'good'! Once your table is complete, bring it back into school so we can see what you have been up to...your grown-ups might have some input too!



<u>10.11.25</u>	<u>11.11.25</u>	<u>12.11.25</u>	<u>13.11.25</u>	<u>14.11.25</u>	<u>15.11.25</u>	<u>16.11.25</u>
<u>17.11.25</u>	<u>18.11.25</u>	<u>19.11.25</u>	<u>20.11.25</u>	<u>21.11.25</u>	<u>22.11.25</u>	<u>23.11.25</u>
<u>24.11.25</u>	<u>25.11.25</u>	<u>26.11.25</u>	<u>27.11.25</u>	<u>28.11.25</u>	<u>29.11.25</u>	<u>30.11.25</u>
<u>1.12.25</u>	<u>2.12.25</u>	<u>3.12.25</u>	<u>4.12.25</u>	<u>5.12.25</u>	<u>6.12.25</u>	<u>7.12.25</u>