

Broadway Junior School

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Work Hard | Be Kind | Shine Bright

November 2025

Dear Families,

As I'm sure you are aware, as part of our school's Mindful Monday, we have been taking part in the 'myHappymind' scheme of work. This is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves!

myHappymind is delivered in schools every Monday by class teachers through a series of interactive lessons and then the children apply these learnings throughout their week.

To further embed this learning, myHappymind has developed a Parent App. These resources can be accessed online on your computer, or through an app on your phone. The Parent App will support you as a parent in understanding what your child is learning, activities for you to do together at home and also a Kids Zone featuring myHappymind Games plus much more!

To access these materials just go to <https://myhappymind.org/parent-resources> to create your free account. You will need to enter your name, email, and authentication code.

The code will be sent to you via text message, along with a link to a short introductory video clip, as this code is unique to our school and **should not be shared with anyone else** or simply scan this QR code to sign up.



Once you have created your account, you will receive an email with the next steps on downloading the app. We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum. If you have any questions about myHappymind, please get in touch. As always, we appreciate your support and hope you find this tool as useful as we do!

Yours sincerely,

D. Walton-Jonas

Mr D. Walton-Jonas
Headteacher

G. Robinson

Mrs. G. Robinson
Assistant SENDCo & Senior Mental Health Lead

