



# BROADWAY BULLETIN

January 2026 Edition - ISSUE 27



## A SPECIAL MENTAL HEALTH/WELLBEING EDITION

### Headteacher's Welcome

Welcome back (although it has now been one month) and thank you to our families who have said hello or chatted on the gate each morning. This month's updates include lots of mental health/wellbeing related updates which we hope provide some insightful or helpful prompts/signposts...

The month of January is filled with so many hopes and dreams for the year ahead and I am excited for what is to come here at Broadway. It is a busy time within education where schools have been keeping abreast of new Ofsted updates, curriculum changes and the government's plans for the changes that they hope to bring about in schools across the country. A drive for all schools to be inclusive, nurturing and excellent for all is high on the priority list but that's nothing new for us here at Broadway. The team and I are committed to our families, getting to know you all and helping each individual child no matter what... it's a challenge but I continue to be so lucky to have an amazing team alongside me. Let us know if we can be of any help.

Best wishes,

*David Walton-Jonas*



### In the Spotlight

Hello! I'm **Mrs Robinson**, and I am proud to work at our school, in several roles that I care deeply about.

I am the school's **Senior Mental Health Lead**, where I support the emotional wellbeing of our pupils and help ensure that mental health is a key part of school life. Alongside this, I am the school's **Assistant SENDCo**. In this role, I support children, families and staff to ensure that every child can access learning in a way that meets their individual needs and helps them thrive both academically and personally.

I am also a **Year 6 class teacher**, which means I have the privilege of supporting our oldest pupils as they prepare for the exciting transition to secondary school. Year 6 is a busy and important year, and I love helping children grow in confidence, independence and readiness for their next steps.



I feel very lucky to have been at Broadway for 15 years as it's a school where children's learning, wellbeing and inclusion are valued so highly. Please don't hesitate to say hello if you see me around school—I'm always happy to help.



## Workers of the Week

This month, the following children have been rewarded for their hard work in school. Well done!

<b>3JM</b>	Lily Edee Emie Elliot
<b>3LH</b>	Michael Nasrin Lawson Teddy
<b>4CL</b>	Jasmine Izzy Emelia Carter
<b>4HG</b>	Indi Brandon Ronnie-Mae Ollie
<b>4ZG</b>	Gerome Lateysha Lucy Archie
<b>5ES</b>	Nour Joshua Maryem Mason
<b>5SS</b>	Tommy Charlie Faye Thea
<b>6BS</b>	Caitlin Charlie Kaci Sunnie
<b>6CJ</b>	Sonny Ellie Tilly Willow
<b>6GR</b>	Mason Hallie Roman Finley

## Attendance

To date, our whole school attendance is **93.8%**.

Attendance, this month, across all classes are summarised below.

<b>3JM</b>	95.5%
<b>3LH</b>	93.1%
<b>4CL</b>	97.5%
<b>4HG</b>	95.9%
<b>4ZG</b>	93.3%
<b>5ES</b>	91.8%
<b>5SS</b>	92.4%
<b>6BS</b>	94.6%
<b>6CJ</b>	95.7%
<b>6GR</b>	96.1%

## Hot Chocolate with the Headteacher

Each week, one child per year group is invited to have hot chocolate and share their great work or ideas!





Are you a Mathemagician?  
Can you solve the  
'Problem of the Month'?



## What Shape for Two

'What Shape?' activity for adult and child. Can you ask good questions so you can work out which shape your partner has chosen?



## This half term's theme is 'Appreciate'

As part of our *My Happy Mind* programme, children are learning about **appreciation** and why it is important for their wellbeing. The *Appreciate* section helps children notice the good things in their day and develop a more positive mindset. Appreciation encourages children to focus on what is going well, rather than only on challenges. This might include being thankful for friendships, enjoying learning something new, or recognising kindness from others. By noticing these positive moments, children can feel calmer, more confident, and more resilient.

Research shows that practising appreciation and gratitude can help reduce stress and support emotional wellbeing. When children regularly reflect on positive experiences, they are better able to manage worries and build healthy relationships.

Parents can support this at home by encouraging children to talk about something good that happened during the day, keeping a short gratitude list, or modelling appreciation by saying "thank you" and recognising effort. These small habits can have a big impact. By helping children appreciate the little things, we are supporting their emotional development and encouraging a happier, healthier mind.

## PARENT FEEDBACK – Thank You!

**"My son really enjoys his myHappymind lessons at school, and the strategies are helping him at home. He does Happy Breathing to help him self-regulate, and I think his confidence and self-esteem have improved. It should be available in all schools!"**

"My child really enjoys myHappymind and finds Happy Breathing helpful to feel calm and regulated. It's definitely helped to improve her self-esteem, it's given her a boost of confidence."

**"My daughter enjoys myHappymind at school. She explained that it helps her to relax, and she has the chance to talk about her brain. She said that myHappymind has helped her to learn more about her brain by teaching her the names of the different parts. She can explain what each part of the brain does! I feel that this should be available in all schools."**

## Northumbria Police - Claire's Law

Did you know that this scheme enables the police to release information about any previous history of violence or abuse a person might have? Under Clare's Law you can:

- apply for information about your current or ex-partner because you're worried they may have a history of abuse and are a risk to you
- request information about the current or ex-partner of a friend or relative because you're worried they might be at risk



## Online Safety & Social Media Misuse

Despite a well sequenced curriculum offer relating to online safety and promoting appropriate online behaviour, we have noted some incidents where children – or adults – are being unkind to each other online. Our behaviour policy is clear and we will take action on this where it is appropriate or necessary; however, we require the support of families to instill expectations, supervision and safeguards within their own homes too. We circulate a monthly online safety newsletter which is designed to keep you abreast of changes online which can sometimes be hard to keep up with and a comprehensive guide to parental controls is available via our website - we hope this helps.

**Please ensure that you monitor your child's use regularly.**

Where an issue may occur, it is unhelpful when parents/carers contact each other and make threats or escalate issues unnecessarily – we all want to prevent children from learning to react inappropriately so we, as adults, need to demonstrate reasonable behaviour too. Thank you for the vast amount of support that we do receive.



### Welcome to this half term's Starbooks...

Well done to this term's wonderful winners who have been recognised each week in our Celebration Assembly – our 'Readers of the Week' all joined Mrs Walker for this term's Starbooks and received a book prize which is of interest to them. Keep up the great work, everyone. You've got to be in it to win it!



### Year 5 PE & Sunderland College

Year 5 are enjoying PE lessons lead by students from Sunderland College. Each week knew skills for football and basketball are practised. Here they are in action.



Here, at Broadway, have a very close relationship with the Healthy Heads Team and are delighted to work alongside Ashley Smith. The issues detailed in the flyer to the right are regular issues which some families say impact on their child, them or their household. Whilst we always aim to help and support, we aim to hand over the power for parents to bring about changes in their own homes if it is needed. We hope that the sessions below are beneficial in making positive changes for anyone who may be helped by them.

**5 WAYS TO WELL-BEING**  
CONNECT

# GAME ON!

Join us for a relaxed, family-friendly session built around "Connect", the next in our 5 Ways to Wellbeing series.

**DATE:**  
Time: 3:30 PM – 4.30 PM

Spending time together, talking, laughing, playing helps boost mood, strengthen relationships and support mental health.  
Quality time, game style!

helping and supporting you: Healthy Heads Team  
Service provided by South Tyneside and Sunderland NHS Foundation Trust



NHS  
South Tyneside and Sunderland  
Mental Health Support Services

## Mental Health Webinars For Parents/Carers

Introduction to Our Service	25th November 2025	6 - 6:30pm
Managing Worries and Anxieties	21 <sup>st</sup> January 2026	6 - 6:30pm
Exam Stress	12 <sup>th</sup> February 2026	6 - 6:30pm
Managing Difficult Behaviours	24 <sup>th</sup> March 2026	6 - 6:30pm
Supporting Language & Communication in Young People	23 <sup>rd</sup> April 2026	6 - 6:30pm
Introduction to Our Service	13 <sup>th</sup> May 2026	6 - 6:30pm
School Transitions	25 <sup>th</sup> June 2026	6 - 6:30pm
Anxious Returners	26 <sup>th</sup> August 2026	6 - 6:30pm

Join the webinars here by scanning the QR code or clicking the link below:

[Click here to join the meeting now](#)

Meeting ID: 311 699 501 934 5

*Please note: For privacy and safeguarding reasons (in line with GDPR), we ask that you join as guests, keep microphones off, and do not use the chat function during the session.*



Scan Me

helping and supporting you: The Healthy Minds and Healthy Heads Teams  
Service provided by South Tyneside and Sunderland NHS Foundation Trust

Would you like to join in with an after school club alongside your child?

On XX, we will host a one-off after school club with the support of our Healthy Heads Team. This will be a fun, interactive session with lots of games and a chance to 'Connect' with your child – one of our 5 Ways to Wellbeing!

If this is a success, there's the possibility of us hosting other events in the future (one per half term). There's up to 30 spaces available and we would be delighted if you could attend and join in.

Please contact the school office to reserve a space on 0191 5283058 or via [admin@broadwayjuniorschool.com](mailto:admin@broadwayjuniorschool.com)





A reminder of key dates coming up...  
Any changes/additions/amendments are indicated in red.

School Term	Who?	When?	What's Happening?
Spring Term	Whole School	Monday 5 <sup>th</sup> January 2026	School re-opens
	6GR	Wednesday 14 <sup>th</sup> January 2026	2.15pm – Learning Presentation
	6CJ	Wednesday 28 <sup>th</sup> January 2026	2.15pm – Learning Presentation
	Whole School	Friday 6 <sup>th</sup> February 2026	NSPCC Number Day <b>Children wear 'numbers'</b>
	6BS	Tuesday 10 <sup>th</sup> February 2026 <small>**Please note change of date**</small>	2.15pm – Learning Presentation
	Whole School	Friday 20 <sup>th</sup> February 2026	School closes – Half Term
	Whole School	Monday 2 <sup>nd</sup> March 2026	School re-opens
	Whole School	Thursday 5 <sup>th</sup> March 2026	World Book Day <b>Children dress up as book characters</b>
	5SS	Tuesday 10 <sup>th</sup> March 2026	Roker Visit – Details to follow...
	5ES	Wednesday 11 <sup>th</sup> March 2026	Roker Visit – Details to follow...
	5SS		2.15pm – Learning Presentation
	Whole School	Friday 13 <sup>th</sup> March 2026	(AM) Science Showcase – Details to follow...
	Y4 Group 1	Wednesday 18 <sup>th</sup> March 2026	Ushaw College Visit – Details to follow...
	Y4 Group 2	Thursday 19 <sup>th</sup> March 2026	Ushaw College Visit – Details to follow...
	Whole School	WB 23 <sup>rd</sup> March 2025	Parents Evenings
	5ES	Wednesday 25 <sup>th</sup> March 2026	2.15pm – Learning Presentation
	SEND	WB 30 <sup>th</sup> March 2026	SEND Reviews
	Whole School	Monday 30 <sup>th</sup> March 2026	<b>Whole School Skipping Event PE Kits needed for all children</b>
	Whole School	Thursday 2 <sup>nd</sup> April 2026	1.30pm – Easter Crafternoon (Open Event)
	Whole School	Thursday 2 <sup>nd</sup> April 2026	School closes – End of Term

### Uniform Standards – dress smart; think smart

#### Why do schools talk about uniform standards?

It may feel trivial because, at the end of the day, appearance doesn't change a child's ability to learn – right. However, these rules usually aren't about the image itself; they are about teaching situational professionalism or sometimes, most importantly, safety. Most of us have to follow a dress code or 'brand image' at work, even if we don't agree with it. By enforcing these standards now, the school is helping students practice the discipline of separating their private identity from their professional one. It's a vital life skill to know how to thrive within the boundaries of an organisation. This is an opportunity to teach children that their true individualism comes from their character and their talents rather than just their outward look. Following the rules in general is less about 'control' and more about preparation for the reality of the adult world where professional standards are a fact of life. Thank you for so much cooperation.



**FOUNDATION  
OF LIGHT**

Foundation of Light (FoL) – Watch this space for  
'Cooking on a Budget' sessions...

Look out for information relating to this great opportunity to work with your child each week in school. Details to follow via FoL shortly. ☺