

YOUR RELATIONSHIP MATTERS

PARENTING WHEN SEPARATED

Children are always at the centre of family life, however, sometimes this focus can be lost when parents are dealing with a breakdown within their own relationship. We know this can be a difficult time for families, and there is support if you are preparing for, going through or have gone through a separation or divorce.

Join our friendly staff who can help provide practical and positive support for you to find your own solutions to common challenges to help reduce the impact upon your children.

For more information please contact EHAAT on 0191 561 4084 or e-mail citywideparentingreferrals@togetherforchildren.org.uk

together for children SUNDERLAND

Sunderland City Council

NHS